

The following Power Point was presented  
to Middle School and High School  
Athletic Directors, prior to the start of the  
school, from the Office of Athletics and  
Student Activities.





# Athletic Protocols For 2021-2022 School Year

## Updated: August 17, 2021

Masks Mandated for All  
Per School Board Meeting, August 17, 2021

# BCAA PROTOCOLS

## Screening procedures:

All athletes and coaches entering **an athletic facility** during occupancy will be screened for possible illness. The screening procedure will be documented and consist of the following items:

- Daily symptoms check through “Monitoring Form“ via QR Code

If they report any symptoms they will not be allowed entrance to the facility and will be dismissed from campus following parent contact.

**IF YOU HAVE SYMPTOMS, STAY HOME AND CONTACT YOUR ATHLETIC TRAINER**



# BCAA PROTOCOLS

## STUDENT ATHLETES

- Face coverings must be worn indoors at all times; only exception is during active participation.
- Follow entry and screening procedures into the facility

**IF YOU HAVE SYMPTOMS, STAY HOME AND  
CONTACT YOUR ATHLETIC TRAINER**

## COACHES + STAFF

- Complete the screening procedure prior to entering **any athletic facility**
- Face coverings must be worn indoors at all times

**IF YOU HAVE SYMPTOMS, STAY HOME AND  
CONTACT YOUR ATHLETIC TRAINER**



# PHYSICAL ACTIVITY AND ATHLETIC EQUIPMENT

- Hand sanitizer should be plentiful at all contests and practices
- Individual equipment should only be worn by one individual and not shared (wrestling ear guards, football helmets and pads, eyewear)
- Maximum lifts should be limited and power cages should be used for squats and bench presses. Spotters should stand at each end of the bar



# LOCKERROOM PROTOCOLS

- Limited number of people in the locker room; maintain min 3 ft at all times.
- No one other than coaches, staff and student-athletes from home school permitted in locker room. No parents, college coaches, vendors, etc. are permitted.
- Only one athletic team can utilize the locker room at a time.
- Multiple sport locker rooms must be divided into sections for each sport.
- Student-athletes must utilize the locker room strictly for changing and equipping themselves for practice. Change and exit. No standing around, socializing or lying down.
- Facial coverings must be properly worn while in a locker room.
- Student-athletes and coaches should maintain distance while in the locker room.
- Sharing lockers is not permitted.



# SPECTATOR PROTOCOLS

## **SPECTATORS and TICKETING:**

- Face coverings are required when indoors on BCPS property.
- Face coverings are required when outdoors on BCPS property, when physical distancing of 3ft or more is not guaranteed.
- Each school will communicate ticket purchase process. Authenticity of the ticket will take place at the gate and admission will be granted.
- All spectators will go through security measures at all events.



# COVID PROTOCOLS

## Positive COVID Case with Symptoms, must meet all criteria below to return to play:

- At least 10 days have passed since symptoms began or date of initial test **AND**
- At least 24 hours have passed with no fever without the use of fever-reducing medications **AND**
- Other symptoms have improved.

## Additional Communication to be completed by the school:

- All POD members will be notified and will be given individual options to return to play; monitor daily symptoms and follow all Health Department Direction.
- Complete the BCAA Reporting Form by day's end
- Complete the FDOH Notification Form within 24 hours





# COVID PROTOCOLS

## Positive COVID Case **without** Symptoms, must meet criteria below to return to play:

- At least 10 days have passed since the date of the positive test result.

## Additional Communication to be completed by the school:

- All POD members will be notified and will be given individual options to return to play; monitor daily symptoms and follow all Health Department Direction.
- Complete the BCAA Reporting Form by day's end
- Complete the FDOH Notification Form within 24 hours



# COVID OPTIONS

## Close contact **without** Symptoms, have following options to return to play:

1. If fully vaccinated, no quarantine necessary.
  - However, they **SHOULD have a COVID-19 test (PCR) performed between day 3 and 5** after exposure
2. Return after **day 7** (from last day of exposure) after receiving a **negative PCR** result (test must occur on **day 5 or later**)
3. Return after **day 10** (from last day of exposure) **without testing if asymptomatic.**

### Note:

Acknowledgement of vaccination is necessary to forgo quarantine.



# COVID PROTOCOLS

## Athlete/Coach with any COVID-type symptom, have the following options to return to play:

- At least 10 days have passed since symptoms began or date of initial test **AND**
- At least 24 hours have passed with no fever without the use of fever-reducing medications **AND**
- Other symptoms have improved

**OR**

- Can provide a negative PCR test after the date of symptoms, and no longer showing symptoms.

## Additional Communication to be completed by the school:

- All POD members will be notified and directed to monitor daily symptoms. Practice/competition can continue provided symptoms do not exist.
- Complete the BCAA Reporting Form by day's end



## IF VACCINATED

Vaccinated athletes/coaches with an exposure to a confirmed or probable case of COVID are not required to quarantine if they meet ALL of the following criteria:

1. Are fully vaccinated (i.e., >2 weeks following receipt of the second dose in a 2-dose series, or >2 weeks following receipt of one dose of a single-dose vaccine) **AND**
2. Have remained asymptomatic since the current COVID exposure

Note:

Acknowledgement of vaccination is necessary to forgo quarantine.



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